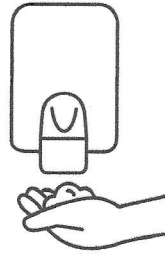


MASKS

DOs

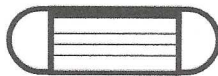
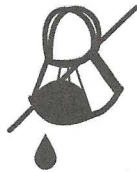
- Always clean your hands before and after touching your mask.



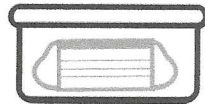
- Wear your mask firmly over your nose and mouth.



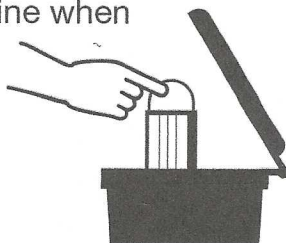
- Replace your mask if it gets wet, damaged or soiled (e.g. if you touch it with dirty hands).



- Store your mask in a clean location between uses.



- Put your mask in the garbage or washing machine when you are done with it.

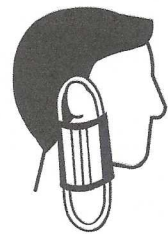


DON'Ts

- DON'T** touch or fiddle with your mask once on.



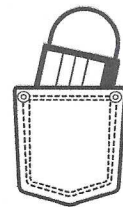
- DON'T** wear your mask on your chin, head or hanging off your ear.



- DON'T** wear a wet, damaged or soiled mask.



- DON'T** put your mask in your pocket or purse then wear it again.



- DON'T** toss your used mask on the ground.



Face Mask Usage

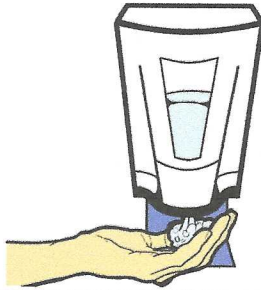
Putting ON



Hands

Wash 20 seconds or apply Sanitizer

1



Mask

Put on mask

2



3

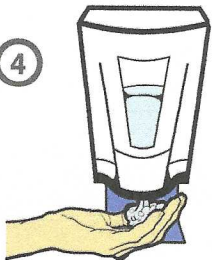


Fit mask to cover nose & mouth

Hands + Activity

Wash 20 seconds or Sanitize

4



5

Perform Duties

WORK ZONE

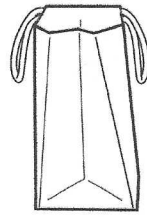
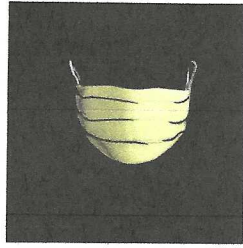
6

Do not touch face or adjust mask while working



Taking OFF & Reuse

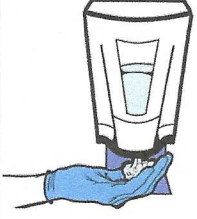
Face Mask Usage



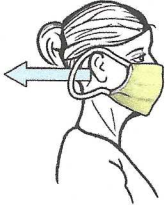
What You Need For Mask Reuse
Paper storage bag

Removal

1 Wash 20 seconds or Sanitize

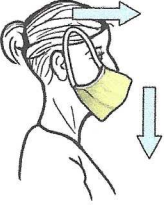


2 Pinch loops and pull them back and off your ears




Do not let loops touch your face

3 Pull loops off without touching your face



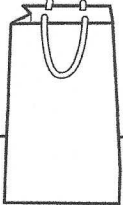
Remove the mask

4 Position mask facedown

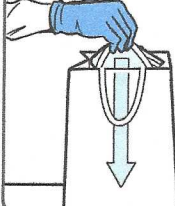


Storage

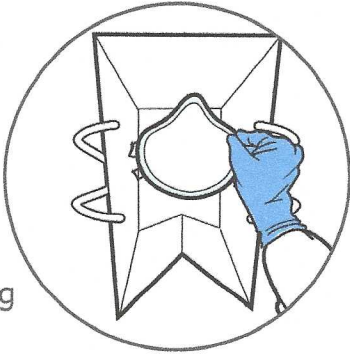
5 Place paper storage bag on flat surface



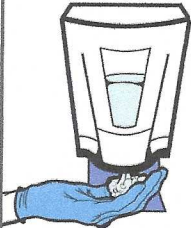
6 Place mask facedown into the storage bag



Avoid touching inside or outside of bag

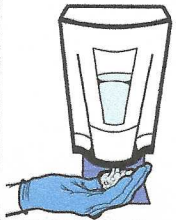


7 Wash 20 seconds or Sanitize

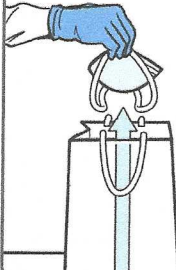


Retrieval

8 Wash 20 seconds or Sanitize




9 Remove mask from the storage bag

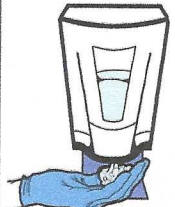


Avoid touching inside or outside of bag

10 Put on mask ensuring nose and mouth covered

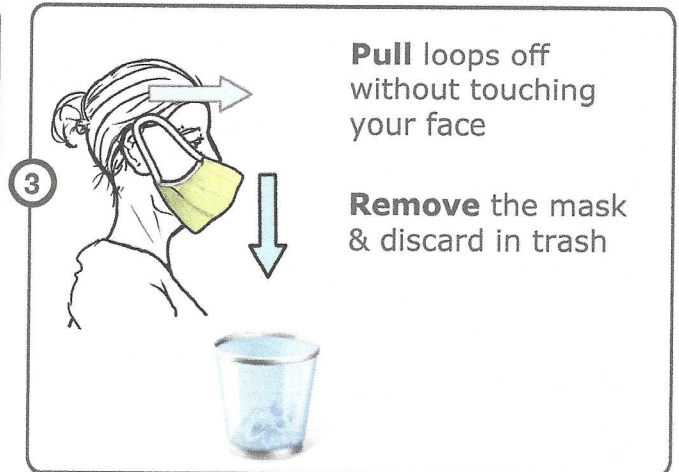
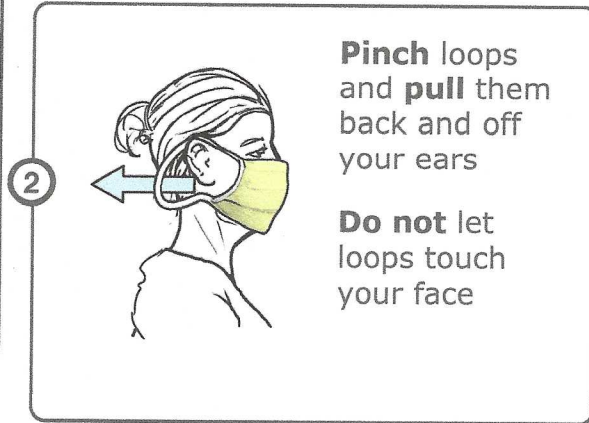


11 Wash 20 seconds or Sanitize

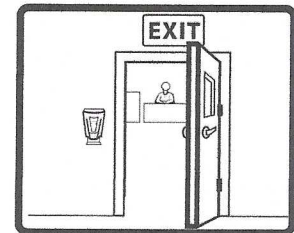


Taking OFF

Face Mask Usage



**EXIT
Area**



HOW TO WEAR AND CARE FOR YOUR CLOTH MASK

MAYO CLINIC
| May 2020 |



Wearing a cloth mask in public to help slow the spread of the virus that causes COVID-19 is recommended by the [Centers for the Disease Control and Prevention \(CDC\)](#) and required by many business establishments.

These tips are adapted from the CDC guidance on how to wear and care for a cloth mask:

How to wear cloth face coverings?

Cloth face coverings should:

- Fit snugly but comfortably against the side of the face.
- Be secured with ties or ear loops.
- Include multiple layers of fabric.
- Allow for breathing without restriction.
- Be able to be laundered and machine dried without damage or change to shape.

How often should cloth face coverings be washed or otherwise cleaned?

Cloth face coverings should be routinely washed depending on the frequency of use. Mayo Clinic recommends that cloth face coverings be washed after every day of use.

How do I store my cloth mask?

Masks should not be placed in pockets for later use. To store or transport, carefully fold the mask so the contaminated outside is folded inward and against itself. Place in clean or new paper bag, and perform hand hygiene.

How can I safely clean a cloth face covering?

Machine washing or hand washing should suffice to properly wash a cloth face covering with regular laundry detergent. Mayo Clinic recommends a 'hot' water temperature for washing face coverings.

How do I safely remove a used cloth face covering?

When removing a cloth face covering, be careful not to touch your eyes, nose or mouth, and perform hand hygiene immediately after removing.